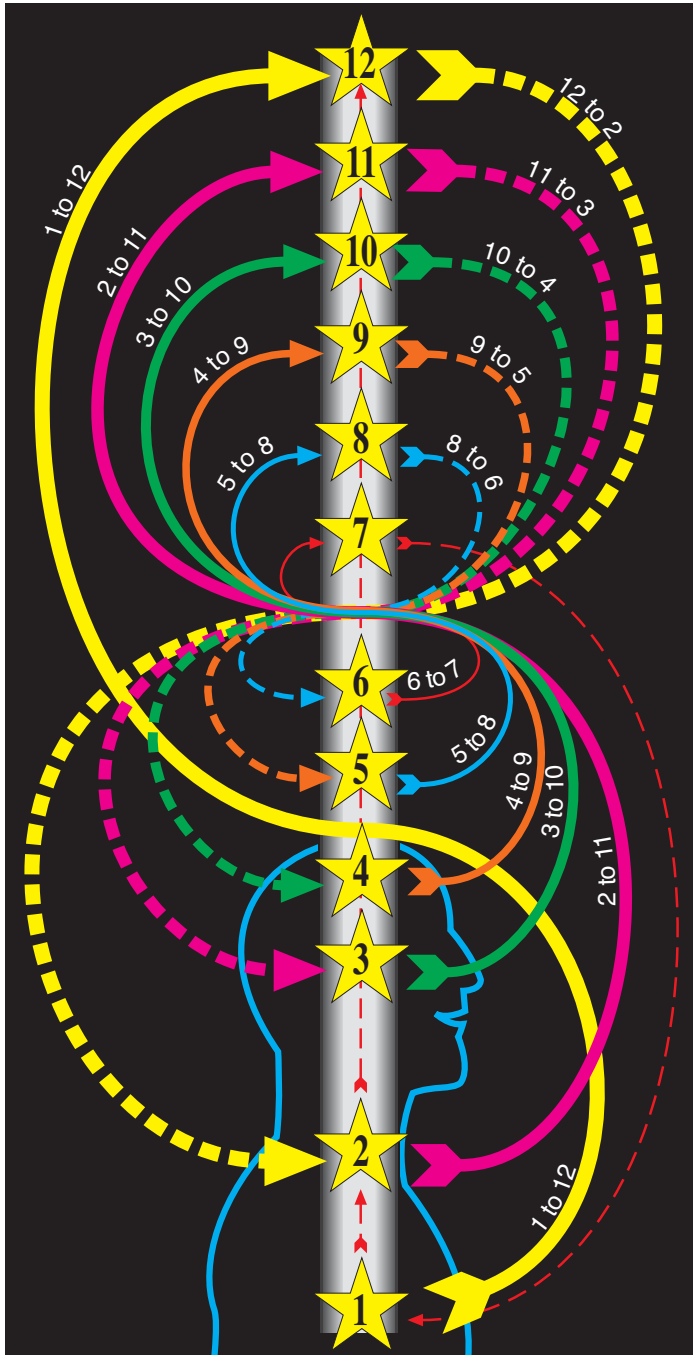


Samuel's Star Weaving Visualization

Samuel says the "I AM" affirmations and Light-anchoring visualizations of this valuable technique balances your toning work by activating your Entity through the multidimensional qualities of the Spirit-in-Form that you truly are.

Samuel strongly suggests that the star weaving exercise only be done if it can be balanced by following it with two tonings.

For this visualization you will weave the golden cord so that its path creates a figure 8 by crossing through the column of Light on its way up and back down. The only exception is step "g," from star 7 back to star 1 at the heart.



To start: As a group say: **"This is a working of the Light,"** then relax and ground yourself. A beam of white light begins at your heart (star 1) and moves up your body to the throat (star 2), to the brow/pituitary (star 3), and to the crown/pineal (star 4), then moves out the top of your head and shoots straight out through stars 5 through 11 and ends at Alcyone, the central star of the Pleiades (star 12).

- Begin at the heart (star 1) and weave a golden cord over your head up to star 12 saying:
"I AM (2 count pause) One with Source."
- Bring the cord down to star 2 and up to star 11 saying:
"I AM (2 count pause) One with Divine Creation."
- Bring the cord down to star 3 and up to star 10 saying:
"I AM (2 count pause) One with Divine Wisdom."
- Bring the cord down to star 4 and up to star 9 saying:
"I AM (2 count pause) One with the Guardians of the Light."
- Bring the cord down to star 5 and up to star 8 saying:
"I AM (2 count pause) a Guardian of the Plan."
- Bring the cord down to star 6 and up to star 7 saying:
"I AM (2 count pause) a function of Divine Love."
- Bring that golden cord of Light back to the heart (star 1) and anchor it there saying:
"I AM (2 count pause) a manifestation of Christ Consciousness in this world."
- Now bring the golden cord straight up from your heart (star 1) through the ten stars, anchoring into Alcyone so that you're anchored at the heart of your form and the heart of this galaxy.

NOTE: The width and color of the cord (golden) remains the same throughout the visualization. For greater clarity only, the Star-Weaving diagram (above) uses varying widths and cord colors (shades of gray when printed on a black-and-white printer).

Revised February 2008. This information represents a partial teaching and should be used only for reference.

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